



Australian Fencing Federation

High Performance Program Annual Plan 2017/18

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Introduction

The High Performance Plan Annual Program 2017/2018 is the reference point for the Australian Fencing Federation to ensure the objectives of the High Performance Plan 2012-24 are achieved. It provides information on the requirements and commitments of the Australian Fencing Team ('AFT') and Australian Fencing Squad ('AFS') and identifies key performance indicators for athletes, coaches and other key personnel. Each annual plan must fit into the overarching High Performance Plan 2012-24, and forms the critical stepping stones to achieving medals in the international fencing arena.

The "Australian Fencing Team" (AFT) & "Australian Fencing Squad" (AFS)

The "Australian Fencing Team" is Australia's national fencing team across all age groups, genders and weapons. It is selected at the beginning of the annual fencing cycle for each age category and has a demanding training requirement relevant for athletes committed to training at this level. Athletes engaging with the HPP as AFT fencers should ensure they can meet all of the training and international competition commitments outlined in this document.

The "Australian Fencing Squad" is the second tier to elite athlete representation in Australian Fencing. It an opportunity for all athletes across all age groups to implement similar training models as members of the "Australian Fencing Team" and to receive selection parity with the Australian Fencing Team at Asian Zone Level. This is considered a preparatory stage for athletes engaging with the high performance program in readiness for international representation as a member of "The Australian Fencing Team". The AFS is selected at the beginning of the annual fencing cycle for each age category. AFS athletes are required to make themselves available to compete at Asian Zone Championships and have parity of selection with AFT athletes.

Members of the AFT and AFS will be selected following the World Championships for their respective age category (or as otherwise specified in the AFF Selection Policy). Selection is based on national ranking at the close of nominations, subject to the minimum performance thresholds for the relevant category. Athletes or their guardian (for athletes under 18) must have read and accepted the terms and conditions of appointment to the AFT or AFS (see Athlete Agreement)

In the event that AFT places are not filled, AFS fencers will be invited to apply for a position on the AFT. Nominations may also be reopened within a contract cycle at the discretion of the AFF Directors, where all HPP places have not been filled.

The Australian Fencing Team, Australian Fencing Squad & International Competition

The table below outlines the criteria and conditions for the AFT & AFS, and for eligibility for international competition. The philosophy underlying these criteria and conditions is to build a team-based, high performance environment for Australian fencing. Representing Australia in international events is an honour that should be earned through performance and commitment to training. Through this program, fencers will be guided and supported in their development and will participate in training, camps, squads, competition tours and events that are appropriate for their age, skill and capacity assisting with their development in.

Selection Table

	AFT	AFS	Non HPP
Number of Athletes (per weapon and gender) *AFT and AFS numbers may be varied at the discretion of the AFF Board	Cadets: 4 Juniors: 4 U23s: 3 Seniors: 6	Cadets: 6 Juniors: 6 U23s: 6 Seniors: 6	Unlimited
Minimum Points Required	Cadets: 25 points Juniors: 35 points U23s: 30 points Seniors: 35 points	Cadets: 15 points Juniors: 15 points U23s: 15 points Seniors: 15 points	Nil
Performance Threshold	See Appendices C to F of AFF Selection Policy	See Appendices C to F of AFF Selection Policy	N/A
Eligibility for International Events (Category A & B)	Yes (if meet eligibility requirements)	No	No (Cadet, Junior, U23, Open)
Eligibility for International Events (Category C & D)	Yes (if meet eligibility requirements)	Yes (if meet eligibility requirements)	No (Cadet, Junior, U23, Open)
Eligibility for International Events (Category E)	Yes (if meet eligibility requirements)	Yes (if meet eligibility requirements)	Yes (if meet eligibility requirements)
Priority Selection for International Events	Yes – Category A, B, C, D & E events	No – Category A, B; Yes – Category C All others – Yes, after AFT	No

Competition and Training Commitments Table

Competition & Training Commitments	AFT	AFS	Non AFT/AFS
International Competition Commitment	Category A - World Championships Category C - Asian Zone Championships	Category C - Asian Zone Championships	None
National Camp Commitment	Two four day HPP camps at the AIS - See below for additional camp requirements by age and weapon.	Two four day HPP camps at the AIS - See below for additional camp requirements by age and weapon.	None - Participation in Camps by invitation only.
Training Commitment – General Conditioning	An annual strength and conditioning program in support of sport specific training. Annual Plan, Name and contact details must be supplied for person or organization responsible for program design and maintenance or if self-managed, an annual plan must be submitted prior to the commencement of the cycle for review by the HPP strength and conditioning coach Program effectiveness to be reviewed after HPP conditioning assessment at summer and winter camps.	An annual strength and conditioning program in support of sport specific training. Annual Plan, Name and contact details must be supplied for person or organization responsible for program design and maintenance or if self-managed, an annual plan must be submitted prior to the commencement of the cycle for review by the HPP strength and conditioning coach Program effectiveness to be reviewed after HPP conditioning assessment at summer and winter camps.	None
Training Commitment – Squads	80 Squad Sessions per Year, averaged at one state or regional (NWC approved) squad session per week (minimum 2 hours) for 40 weeks of the year plus a second state or regional (NWC approved) squad session per week 40 weeks per year in states where two sessions per week are conducted or 8 hours per month for 10 months of the year in whatever format is approved by the NWC and HPM. Attendance at HPP training camps, AFC competitions and approved overseas tours which conflict with scheduled Squad Sessions be treated as complying with this requirement.	80 Squad Sessions per Year, averaged at one state or regional (NWC approved) squad session per week (minimum 2 hours) for 40 weeks of the year plus a second state or regional (NWC approved) squad session per week 40 weeks per year in states where two sessions per week are conducted or 8 hours per month for 10 months of the year in whatever format is approved by the NWC and HPM. Attendance at HPP training camps, AFC competitions and approved overseas tours which conflict with scheduled Squad Sessions be treated as complying with this requirement.	None

Competition & Training Commitments	AFT	AFS	Non AFT/AFS
Training commitment – Individual Coach supervised Training Sessions	Required minimum of 80 per year (averaged at 2 sessions per week for 40 weeks of year of a duration of minimum 30 minutes). Attendance at HPP training camps, AFC competitions and approved overseas tours which conflict with scheduled Individual Coach supervised Training Sessions will be treated as complying with this requirement.	Required minimum of 80 per year (averaged at 2 sessions per week for 40 weeks of year of a duration of minimum 30 minutes). Attendance at HPP training camps, AFC competitions and approved overseas tours which conflict with scheduled Individual Coach supervised Training Sessions will be treated as complying with this requirement.	None
Term & Application Process	12 months, selected after World Championships for category, vacant positions reviewed and advertised as required	12 months, selected after World Championships for category, vacant positions reviewed and advertised as required	N/A

Camp Dates – 2017/18

Winter Camp - 1-4 July, 2017

Spring Camp - 20-21 August, 2017

Summer Camp - 14-17 December, 2017

Autumn Camp TBA

Additional REQUIRED Competition and Training Commitments – AFT and AFS

Cadet and Junior - Epee

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	One NWC tour for age category
Camp Commitment (AFT and AFS)	Two weekend camps at the AIS *Advised additional 1-week camp in Melbourne prior to Cadet/Junior Asian Zones and Cadet/Junior World Championships

Cadet and Junior - Foil

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	One NWC tour for Age Category
Camp Commitment (AFT and AFS)	Two weekend camps at the AIS and one additional weekend camp (Location TBA)

Cadet and Junior – Sabre

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	One NWC tour for Age Category
Camp Commitment (AFT and AFS)	Two weekend camps at the AIS and one additional weekend camp (Location TBA)

U23 – Epee

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	One NWC tour for age category
Camp Commitment (AFT and AFS)	One additional weekend camp *Advised 1-week camp in Melbourne prior to U23 Asian Zones

U23 – Foil

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	One NWC tour for Open category
Camp Commitment (AFT and AFS)	Two weekend camps at the AIS and one additional weekend camp (Location TBA)

U23 – Sabre

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	One NWC tour for Open category
Camp Commitment (AFT and AFS)	Two weekend camps at the AIS and one additional weekend camp (Location TBA)

Open - Epee

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	Two NWC selected World Cups Men – Heidenheim and Budapest Women – Barcelona and Budapest
Camp Commitment (AFT and AFS)	None *Advised 1-week camp in Melbourne prior to Open Asian Zones and Open World Championships

Open - Foil

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	One NWC tour for age category
Camp Commitment (AFT and AFS)	Additionally, two weekend camps at the AIS and one additional weekend camp (Location TBA)

Open - Sabre

PROGRAM ELEMENT	ADDITIONAL COMMITMENT
International Competition Commitment (AFT Only)	Additionally, one NWC tour for age category
Camp Commitment (AFT and AFS)	Additionally, two weekend camps at the AIS and one additional weekend camp (Location TBA)

Key criteria and conditions to note:

- AFT members will be the only fencers eligible to compete in World Championships and Universiade.
- AFT and AFS members will be the only fencers eligible to compete in Asian Zone championships.
- For all other international events there is a cascading selection system that prioritises AFT nominations first then AFS then all additional.
- For Category E events, AFT and AFS members will not receive priority under the cascading selection system unless they have achieved the eligibility requirements for membership of the AFT or AFS for that age category.
- AFT fencers in an age category are required to nominate for the events required by their Athlete Agreement - however AFT fencers in other age categories who meet eligibility conditions are able to apply and will be treated equally for selection purposes.
- Immediately after both AFT and AFS nominations close, if there are any vacant AFT places then AFS fencers will be invited to take up these positions. If AFS fencers do not opt to accept these positions, they will remain vacant. At their discretion the AFF Board may reopen nominations for the AFT and/or the AFS during the course of a cycle. Fencers who meet the eligibility requirements at that time will be eligible to nominate for vacant positions. Australian fencers living and training abroad may apply for overseas results to be considered for the purpose of AFT/AFS selection (only).
- The AFF Directors can approve additional places on the AFT/S outside of the number specified for each age group. This remains subject to the fencer meeting the eligibility requirements and/or there being exceptional circumstances.
- The National Weapon Coach and High Performance Manager may use their discretion to exempt a member of the AFT from a mandatory requirement specified in their Athlete Agreement if they believe an alternative requirement would be preferable for that athlete. The director of the HPP will mediate in the case of disagreement between the NWC and the HPM.

Categorisation of Events

Category A	World Championships
Category B	Universaide
Category C	Asian Zone Championships
[Category D]	[Not currently used]
Category E	FIE World Cups & Grands Prix Asian Zone Country Events (Excluding Australia) FIE satellite events Commonwealth Championships European Circuit Events North American Cups & U.S. Championships European National Events Oceania Championships New Zealand National Championships SEA Pacific Championships

High Performance Plan 2012-2024 – Olympic Cycle Goals

1st Olympiad: 2012-2016

Focuses on developing, implementing and consolidating the structures and programs required to lead Australian fencing towards international success; and improving performance in the Asian Zone (see High Performance Program Annual Plans 2012-2016).

2nd Olympiad: 2016-2020

Focuses on achieving a continuous flow of new generations of fencers through established pathways across age groups, weapons and competition categories; achieving consistent high performance in the Asian Zone; and improving performance in World-level events (see High Performance Program Annual Plans 2016-2020).

3rd Olympiad: 2021-2024

Focuses on achieving a depth of competitiveness across Asian and World-level events and age groups, including Asian Championships, World championships and Olympic Games; high performance across the weapons; and evidence of a proven model of athlete development (see High Performance Program Annual Plans 2020-2024).

High Performance Plan 2012-2024 – Second Olympic Cycle Goals 2017- 2020

The Strategic Plan for the 2017- 2020 cycle is currently under review and is scheduled for publication in the annual plan in time for the 2017/18 U23 and Open HPP intake.

Competition Pathway



